Metamorphosis Experience

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Background

- Inspiration for this research project: Queer Eye
- The Fab Five are a group of makeover experts that bring humanity to client interactions by asking questions without judgment. This creates trust and vulnerability, enabling clients to uncover their limitations and embrace changes for the better.

Research Question

How people experience **significant changes** or **metamorphosis** in their lives?

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Research Samples

- We targeted the **general population** in this study.
- 7 participants:
 - \circ Gender:
 - 3 female, 4 males.
 - Age:
 - **20-30:** 4
 - **30-40:1**
 - 40-50:2



Methodologies

• Narrative & Phenomenological

Our research question is open in nature and rooted fundamentally in a common human experience. Therefore we expect both **in-person interviews** and participants' **self-recorded videos** to be in a storytelling setting by default

• Glaserian Grounded Theory

Glaserian Grounded Theory provides a powerful, iterative way for us to immerse in all data available to us with minimum preconception

Methods

- In person interview
- Dyadic interview recording

- Narration
- Drawing the experience



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You can be different but the same too. Yeah. And it helps you carry the paradox

Key Findings

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Cross-cultural encounter



Self-identity seeking and discovery

What's Next?

Discussions & Future Studies

- We find metamorphosis a common human experience among our participants. Even though each participant have very different cultural backgrounds, and they came up with completely different life experiences, all were capable of describing major life events and their perceptions fluently.
- Cross-cultural encounter contributed to these metamorphosis experience significantly for our participants. We found this serves as pieces of supporting evidence for a range of statements and findings from a paper addressing how cross-cultural encounter creates opportunity for personal growth (Montori & Fahim, 2004)

Discussions & Future Studies

• Through the interviews with our participants, we found that metamorphosis is regularly associated with challenge and self-identification.

Further studies engaging mixed-methods can be applied to determine the transference of such theoritization, and whether there are correlations between these experiences with participants' childhood experience, cultural background and age. Also we can further explore that if existing frameworks for personality traits, such as the Big Five model, can also be engaged to shed lights on exploring on people's metamorphosis experiences.

Thank You

Any Questions?